

21st ANNUAL MON VALLEY YMCA ODD-AGE MEET

- HOST:** MON-VALLEY YMCA SWIM TEAM
- DATE:** Saturday, November 5, 2011
- LOCATION:** Mon-Valley YMCA
101 Taylor Run Road
Monongahela, PA 15063 (724) 483-8077
- FACILITY:** Six (6) lanes, 25 yd. indoor pool, with electronic timing and newly installed 6 lane score board
- WARM-UPS:** 10-under: 8:00 – 8:20
11-over: 8:20 – 8:55 (subject to change)
- COACHES:** Scratch meeting at 8:45 AM in Pool Observation Room
- TIMERS:** Timers are to meet at 8:40 AM in Racquetball Court 1.
- ELIGIBILITY:** Age as of November 5, 2011 determines age group
- AGE-GROUPS:** Groups are: 7-under, 8-9, 10-11, 12-13, 14-15, and 16-18 years
- ENTRIES:** \$3.50 per event -- \$14.00 per relay
Swimmers may enter all individual events and relays in their age group. Entries must be returned on the enclosed Master Entry Form. Any team having Meet Manager may submit their entries on a disk. The Entry Form **MUST** include the swimmer's name and age, as well as the name and phone number of the person completing the form. **NO-TIME** entries will be seeded last.

Entries must be received **NO LATER THAN MIDNIGHT SUNDAY, OCTOBER 9, 2011.** No late entries will be accepted after the deadline. Please send completed Master Entry Form or Meet Manager and one team check payable to the Mon-Valley YMCA Swim Team to the Meet Entry Chairman.

Lance Dolfi
57 Crackerjack Rd
Monongahela, PA 15063
724-258-9774
E-mail mvyst@live.com

Please provide 3 timers and 1 official per team to ensure breaks. Please email a list of these names to thelusksr@yahoo.com by the entry deadline. Timers and officials, please check in at the Heat Sheet table the morning of the meet for lane assignments and times.

MEET DIRECTOR: Lance Dolfi 724-258-9774

Please contact meet director or coach Jamie Stache if you have any questions. Coach Jamie 724-350-7051

SCORING: Individual Events: 10, 8, 7, 6, 5, 4, 3, 2, 1
Relay Events: 10, 7, 4

AWARDS: RIBBONS: 1st through 6th Place – Individual Events
RIBBONS: 1st through 3rd Place – Relay Events
TROPHIES: 1st through 9th Place –
OVERALL, In each AGE/SEX GROUP
TEAM TROPHIES: 1st through 3rd Place
HEAT RIBBONS: Will be awarded to all heats.

SEEDING: This is a pre-seeded meet. In order to keep the meet running smoothly, your cooperation is needed to make sure that each swimmer is in the seeding area at the appropriate time. In event that a swimmer is not seeded when his/her event is called for **FINAL CALL**, that swimmer **WILL NOT** be able to swim their event. **NO EXCEPTIONS!**

FOOD: Concessions available starting at 7:30 A.M.

RULES: Current USA/YMCA rules will govern this meet.

CONDUCT: Parents and coaches are responsible for the conduct of their swimmers from warm-ups until the end of the meet. The meet committee reserves the right to eject any individual for rules violation and/or inappropriate behavior. For the safety of all attending this meet, throwing of balls or any other object in the gymnasium is strictly prohibited. **NO HANGING** from basketball rims, bars, or nets. For your own safety, please make sure when traveling from the pool to the gymnasium that the swimmer be as dry as possible with appropriate footwear.

LODGING: For those who require lodging, several are available in the area.
Hampton Inn – Belle Vernon 724-929-8100
Holiday Inn – Belle Vernon 724-929-4600
Best Western – Bentleyville 724-239-4321

NOTE: THERE WILL BE T-SHIRTS AVAILABLE THRU PRE-ORDERS ONLY. T-Shirt information will follow in a separate email.

ORDER OF EVENTS

GIRLS	EVENT DESCRIPTION	BOYS
1	14-18 200 yd. Medley Relay (mixed)	1
2	10-13 200 yd. Medley Relay (mixed)	2
3	9-under 100yd. Medley Relay (mixed)	3
4	16-18 100 yd. Freestyle	5
6	14-15 100 yd. Freestyle	7
8	12-13 100 yd. Freestyle	9
10	10-11 50 yd. Freestyle	11
12	8-9 50 yd. Freestyle	13
14	7-under 25 yd. Freestyle	15
16	16-18 100 yd. Backstroke	17
18	14-15 100 yd. Backstroke	19
20	12-13 100 yd. Backstroke	21
22	10-11 50 yd. Backstroke	23
24	8-9 50 yd. Backstroke	25
26	7-under 25 yd. Backstroke	27
28	16-18 200 yd. Individual Medley	29
30	14-15 200 yd. Individual Medley	31
32	12-13 200 yd. Individual Medley	33
34	10-11 100 yd. Individual Medley	35
36	8-9 100 yd. Individual Medley	37
38	7-under 100 yd. Individual Medley	39
40	**1-18 200 yd. CRESCENDO RELAY	41
42	16-18 100 yd. Breaststroke	43
44	14-15 100 yd. Breaststroke	45
46	12-13 100 yd. Breaststroke	47
48	10-11 50 yd. Breaststroke	49
50	8-9 50 yd. Breaststroke	51
52	7-under 25 yd. Breaststroke	53
54	16-18 100 yd. Butterfly	55
56	14-15 100 yd. Butterfly	57
58	12-13 100 yd. Butterfly	59
60	10-11 50 yd. Butterfly	61
62	8-9 50 yd. Butterfly	63
64	7-under 25 yd. Butterfly	65
66	14-18 200 yd. Freestyle Relay (mixed)	66
67	10-13 200 yd. Freestyle Relay (mixed)	67
68	9-under 100 yd. Freestyle Relay (mixed)	68

ALL RELAYS ARE MIXED EXCEPT FOR THE CRESCENDO RELAY
AND MUST HAVE AT LEAST ONE SWIMMER OF THE OPPOSITE SEX.
****FOR THE CRESCENDO RELAY – ONE SWIMMER FROM EACH OF THE
FOLLOWING AGE GROUPS MUST BE IN THE RELAY
9-under, 10-11, 12-13, 14-18**